

HPED

Dance, Dance for the Athlete, Dance Company, Fitness for Life, Gymnastics, Lifetime Sports, Team Sports, Walking Wellness, Weight Training

Summer Reading Assignment

Students taking any of the courses listed above are to read an article related to their class. The article may be about topics including skill and technique, current events, outstanding athletes/dancers/contributors, careers, and history. Then complete the attached article report form and submit to your teacher upon returning to school in August. Websites that may be helpful in locating an article are listed below. Be sure to include a copy of the article that you read with your report. Please contact Mrs. Markiewicz – jmarkiewicz@aacps.org if you have any questions or need help with the assignment.

Websites:

<http://crossfit.com>

<http://gymnasticszone.com>

<http://rise.espn.go.com>

<http://abt.org/>

<http://dancehelp.com/>

<http://dancespirit.com/>

<http://dancemagazine.com/>

<http://www.wellness.com/>

<http://stopsportsinjuries.org/>

<http://www.usnews.com/money/careers>

<http://www.infoplease.com/health.html>

