

COLLEGE RECOMMENDATIONS SELF-EVALUATION

Name _____ ID# _____ Date _____

Your counselor would like for your letter of recommendation to be an accurate reflection of your history and abilities. Therefore, it is important that you **answer all questions in detail**. You may complete this evaluation on your computer and attach a typed copy to this form.

ACADEMIC:

1. Is your high school academic record an accurate measure of your ability and potential? [If yes, why?] [If not, why not: What do you consider the best measure of your abilities?]

2. Describe what you believe are your academic strengths. (List specific characteristics & skills, e.g. great writer. Also list specific subjects, e.g. English)

3. What is the most important thing that you want the college to know about you?

4. Give a specific example of a rewarding academic experience for you at this high school?

EXTRA CURRICULAR ACTIVITIES/AWARDS & ACCOMPLISHMENTS:

5. Describe specific activities in which you have participated during your high school years. Include leadership, sports, arts, clubs, etc. (A separate detailed Academic Resume maybe attached if one has been already prepared for colleges.)

6. Which of the activities listed above are the most important to you and why? (Describe one or two.)

7. In what activities and/or organizations have you participated in outside of school? Describe specific responsibilities and incidents relating to these activities that are meaningful to you.

8. What awards, special accomplishments and unique interests, either in or out of school, would you like to highlight?

9. Have you held any jobs? If so, describe your specific duties and responsibilities.

CIRCLE THREE WORDS THAT BEST DESCRIBE YOU:

Hardworking	moral	determined	positive	focused	humorous
Optimistic	analytical	organized	responsible	visionary	animated
Mature	flexible	imaginative	goal-oriented	active	ingenious
Witty	dedicated	executive-caliber	multitalented	ambitious	intelligent
Meticulous	independent	original	professional	motivated	amiable
Well-educated	athletic	detail-oriented	honest	creative	_____

SUBJECTS INTERESTED IN STUDYING DURING COLLEGE:

CAREER CHOICE

6 YEAR PLAN/GOAL:

10. On the bottom of this sheet, describe any life impacting events that have required you to overcome obstacles and adversity.